

53K - STAGE 1

53 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

	Time	Temperature	Humidity
Start	07:00	15.2°C	100%
End	18:53	15.2°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	69	André Rodrigues	dr. merino/nutrifit	Senior Masculino	05:06:56		05:47
2	218	Bruno Coelho	satecnosol outdoor / la sportiva	Senior Masculino	05:10:04	+03:07	05:51
3	26	Rui Luz	amcf - arrábida trail team	Veterano M40	05:31:28	+24:32	06:15
4	41	Délio Ferreira	ca barreira	Veterano M40	05:32:13	+25:16	06:16
5	25	Paulo José da Silva Lopes	amcf - arrábida trail team	Veterano M40	05:37:36	+30:40	06:22
6	220	Leonel Rodrigues da Cunha	satecnosol outdoor / la sportiva	Senior Masculino	05:41:04	+34:07	06:26
7	221	Pedro Alberto da Costa Sousa	satecnosol outdoor / la sportiva	Senior Masculino	05:41:04	+34:08	06:26
8	27	Rui Miguel Simplicio Pacheco	amcf - arrábida trail team	Veterano M40	05:48:18	+41:22	06:34
9	15	Luis Duarte Casaca Semedo	ac portalegre / utsm	Senior Masculino	05:51:29	+44:33	06:38
10	71	David Ferreira	dr. merino/nutrifit	Senior Masculino	05:52:21	+45:24	06:39
11	28	Marcolino Verissimo	amcf - arrábida trail team	Veterano M45	05:54:39	+47:43	06:42
12	74	Miguel Martins	dr. merino/nutrifit	Senior Masculino	05:55:32	+48:35	06:42
13	40	Nuno Dias	ca barreira	Senior Masculino	06:00:04	+53:08	06:48
14	78	Pedro Manuel Reis Caprichoso	edv - viana trail	Senior Masculino	06:07:30	+01:00:34	06:56
15	79	Pedro Rodrigues	edv - viana trail	Senior Masculino	06:10:04	+01:03:08	06:59
16	59	paulo marreiros	coimbra trail running	Veterano M40	06:11:56	+01:04:59	07:01
17	83	Victor Correia	edv - viana trail	Veterano M45	06:17:51	+01:10:54	07:08
18	57	Paulo Carvalho	coimbra trail running	Senior Masculino	06:19:21	+01:12:24	07:09
19	132	JOAO HORA FAUSTINO	individual	Veterano M40	06:20:53	+01:13:56	07:11
20	219	Bruno Gazela	satecnosol outdoor / la sportiva	Senior Masculino	06:21:51	+01:14:55	07:12
21	31	Cristina Couceiro	arsm - associação recreativa de s. miguel	Veterana F40	06:24:03	+01:17:06	07:15
22	54	João Ferreira	coimbra trail running	Senior Masculino	06:25:01	+01:18:04	07:16
23	29	Paulo Fialho	amcf - arrábida trail team	Veterano M45	06:27:43	+01:20:46	07:19
24	75	Sérgio Duarte	dr. merino/nutrifit	Senior Masculino	06:29:11	+01:22:14	07:21
25	91	Nuno Paiva	grupo desportivo santander totta	Veterano M50	06:30:49	+01:23:52	07:22
26	190	José Carlos Santos	monsanto running team	Veterano M55	06:30:59	+01:24:03	07:23
27	88	Jaquim Manuel Martins De Freitas	gdr.retorta	Veterano M40	06:32:06	+01:25:10	07:24
28	68	Mary Vieira	dr. merino/nutrifit	Senior Feminino	06:33:03	+01:26:06	07:25
29	81	Abílio Mina	edv - viana trail	Veterano M45	06:34:00	+01:27:03	07:26
30	210	João Paulo Marques	proaventuras	Veterano M50	06:42:35	+01:35:38	07:36
31	200	Miguel Sousa	ourém vida team	Senior Masculino	06:44:55	+01:37:59	07:38
32	211	Zo Vieira	proaventuras	Veterano M50	06:44:56	+01:38:00	07:38
33	227	João Farinhas	tálenos team	Veterano M40	06:45:46	+01:38:49	07:39
34	108	Miguel A. V. Ribeiro	individual	Senior Masculino	06:47:29	+01:40:33	07:41
35	19	Duarte Abreu	acd jardim da serra	Veterano M40	06:51:59	+01:45:03	07:46
36	80	Tiago Teixeira	edv - viana trail	Senior Masculino	06:53:13	+01:46:16	07:48
37	206	Luis Coelho	proaventuras	Veterano M40	06:59:18	+01:52:21	07:55
38	161	Paulo Osório	individual	Veterano M45	07:00:53	+01:53:56	07:56
39	121	Simão Seïça	individual	Senior Masculino	07:01:18	+01:54:21	07:57
40	222	Tiago Pinheiro	satecnosol outdoor / la sportiva	Senior Masculino	07:01:19	+01:54:22	07:57
41	70	Bruno Loureiro	dr. merino/nutrifit	Senior Masculino	07:02:11	+01:55:15	07:58
42	76	Tiago Amaral	dr. merino/nutrifit	Senior Masculino	07:02:11	+01:55:15	07:58

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	193	Marco Filipe	não fazemos nem mais um km	Veterano M40	07:02:12	+01:55:15	07:58
44	12	PAULO ALEXANDRE CORREIA	a 20km-trail	Veterano M50	07:03:35	+01:56:38	08:00
45	30	Tiago Gaspar	arshm - associação recreativa de s. miguel	Senior Masculino	07:03:45	+01:56:49	08:00
46	58	Daniel Bento	coimbra trail running	Veterano M40	07:03:55	+01:56:59	08:00
47	140	paulo ferreira	individual	Veterano M40	07:04:23	+01:57:27	08:00
48	135	José Brandão	individual	Veterano M40	07:06:17	+01:59:20	08:03
49	42	Miguel Saraiva	ca barreira	Veterano M45	07:07:23	+02:00:27	08:04
50	147	Rui Nascimento	individual	Veterano M40	07:08:46	+02:01:50	08:05
51	20	Bruno Safara	amcf - arrábida trail team	Senior Masculino	07:09:48	+02:02:52	08:07
52	236	Filipe Lima	grupo desportivo santander totta	Senior Masculino	07:11:24	+02:04:27	08:08
53	196	António Soares	o praticante	Veterano M50	07:12:02	+02:05:05	08:09
54	181	NUNO HENRIQUES	matilha running	Senior Masculino	07:12:50	+02:05:54	08:10
55	24	manue silva	amcf - arrábida trail team	Veterano M40	07:15:03	+02:08:06	08:13
56	112	Nuno Garrana	individual	Senior Masculino	07:19:14	+02:12:17	08:17
57	155	João Miguel Balsinha	individual	Veterano M45	07:19:59	+02:13:03	08:18
58	37	Rui Carvalho	bruxos runners	Veterano M40	07:20:48	+02:13:51	08:19
59	183	Carlos Gomes Ferreira	matilha running	Veterano M40	07:22:10	+02:15:13	08:21
60	229	MANUEL DE SOUSA	toka a correr	Veterano M45	07:22:21	+02:15:25	08:21
61	208	João Nuno Fonseca	proaventuras	Veterano M45	07:22:45	+02:15:49	08:21
62	43	Jorge Agostinho	ca barreira	Veterano M55	07:22:54	+02:15:58	08:21
63	188	Sónia Maria Janeiro Túbal	monsanto running team	Senior Feminino	07:25:01	+02:18:05	08:24
64	184	Pedro Mendonça	matilha running	Veterano M40	07:25:01	+02:18:05	08:24
65	216	Pedro Sá	running team maia	Senior Masculino	07:25:25	+02:18:28	08:24
66	127	Virgínia Pereira	individual	Veterana F50	07:26:45	+02:19:49	08:26
67	152	Helder Baptista	individual	Veterano M45	07:26:45	+02:19:49	08:26
68	202	Paulo Martins	ourém vida team	Veterano M45	07:26:59	+02:20:03	08:26
69	201	Tony Maia	ourém vida team	Senior Masculino	07:27:00	+02:20:04	08:26
70	131	Elísio Gonçalves	individual	Veterano M40	07:30:49	+02:23:52	08:30
71	11	Hélio Ribas Dias	arcd - silveira	Veterano M50	07:32:15	+02:25:18	08:32
72	226	Marco Campos	tãlentos team	Senior Masculino	07:32:21	+02:25:25	08:32
73	97	Allan Apolónio	tãlentos team	Senior Masculino	07:32:21	+02:25:25	08:32
74	151	Artur Jorge Pereira	magic runners / enterprom - brindes promocionais	Veterano M45	07:38:47	+02:31:50	08:39
75	175	Raquel Clemente Pedro	juventude vidigalense	Veterana F40	07:39:49	+02:32:52	08:41
76	182	Rui Menas	matilha running	Senior Masculino	07:40:40	+02:33:43	08:42
77	51	Luís Soares	clube ogma	Veterano M50	07:42:25	+02:35:28	08:44
78	17	Nelson Francisco Ribeiro Caldeira	ac portalegre / utsm	Senior Masculino	07:43:59	+02:37:02	08:45
79	64	Paulo Alexandre Lema Pelicano	crocodilos / mister pc	Veterano M45	07:44:17	+02:37:21	08:46
80	39	Carina Matias	ca barreira	Senior Feminino	07:45:55	+02:38:59	08:47
81	139	Nuno Silva Ferreira	individual	Veterano M40	07:47:42	+02:40:46	08:49
82	174	Jocelina Jesus Ferreira	juventude vidigalense	Veterana F40	07:49:14	+02:42:18	08:51
83	85	João Maia	falcões selvagens	Veterano M50	07:52:35	+02:45:38	08:55
84	205	Lívio Nuno	proaventuras	Veterano M40	07:52:35	+02:45:38	08:55
85	120	Luisa Santos	individual	Veterana F45	07:56:22	+02:49:25	08:59
86	145	Ricardo Fernandes	individual	Veterano M40	08:00:50	+02:53:53	09:04
87	99	Brito carrudo	individual	Senior Masculino	08:01:46	+02:54:49	09:05

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	38	Fernando Homem	c.a.s.p.a - clube amador só para atletismo	Senior Masculino	08:01:47	+02:54:50	09:05
89	48	Ricardo Silva	ccd renault cacia	Senior Masculino	08:03:33	+02:56:37	09:07
90	150	Vitor Lebre	individual	Veterano M40	08:03:37	+02:56:40	09:07
91	114	Paulo Alves	individual	Senior Masculino	08:04:03	+02:57:06	09:08
92	107	João Santos	individual	Senior Masculino	08:08:57	+03:02:01	09:14
93	164	João Carlos Freire	individual	Veterano M50	08:13:47	+03:06:51	09:19
94	106	João Manuel Martins Gaspar Caetano	individual	Senior Masculino	08:15:12	+03:08:16	09:21
95	89	Ana Maria Amaral	gondomar futsal clube	Veterana F40	08:20:46	+03:13:50	09:27
96	110	Miguel Filipe Simões	individual	Senior Masculino	08:21:04	+03:14:08	09:27
97	148	Rui Patrício Miguel	individual	Veterano M40	08:25:28	+03:18:32	09:32
98	125	CIDALIA M S M MARTINS	individual	Veterana F45	08:27:12	+03:20:15	09:34
99	158	Marcelo Silva	individual	Veterano M45	08:27:15	+03:20:18	09:34
100	156	JOSE ANTONIO AFONSO	individual	Veterano M45	08:27:16	+03:20:19	09:34
101	228	RODRIGO TAVARES	toka a correr	Senior Masculino	08:27:30	+03:20:34	09:35
102	168	PAULO JOSÉ MOREIRA	individual	Veterano M50	08:35:21	+03:28:24	09:43
103	77	Nuno Teixeira	edv - viana trail	Senior Masculino	08:35:31	+03:28:35	09:44
104	36	João Costa	bar e restaurante portela à vista	Senior Masculino	08:35:50	+03:28:53	09:44
105	95	Joana Rodrigues Sousa	individual	Senior Feminino	08:35:50	+03:28:53	09:44
106	47	Luís Gonzaga Nunes	ca óbidos	Veterano M60	08:38:39	+03:31:43	09:47
107	136	Leonel Cordeiro	individual	Veterano M40	08:39:50	+03:32:54	09:49
108	124	Paula Pita	individual	Veterana F40	08:39:50	+03:32:54	09:49
109	60	Jorge Tiago	coimbra trail running	Veterano M45	08:42:57	+03:36:01	09:52
110	105	João Luis Poeira	individual	Senior Masculino	08:43:40	+03:36:43	09:53
111	102	Diogo Filipe Marques Garcia dos Santos	individual	Senior Masculino	08:43:40	+03:36:44	09:53
112	35	Filipe Conceição	atr - algarve trail running	Veterano M45	08:44:43	+03:37:47	09:54
113	65	Tiago Lousada	dap trail team	Senior Masculino	08:44:44	+03:37:48	09:54
114	149	Tiago Dionisio	individual	Veterano M40	08:46:29	+03:39:33	09:56
115	66	Elisabete Vieira	dr. merino/nutrifit	Senior Feminino	08:47:30	+03:40:34	09:57
116	191	MARIO COSTA	moreira relax runners	Veterano M50	08:47:30	+03:40:34	09:57
117	93	Pedro Jorge Ribeiro Pinto	grupo vc	Veterano M40	08:47:30	+03:40:34	09:57
118	92	Domingos Nogueira	grupo vc	Senior Masculino	08:47:31	+03:40:34	09:57
119	109	Miguel cruz	individual	Senior Masculino	08:47:32	+03:40:35	09:57
120	137	Mário Jorge Ferreira	individual	Veterano M40	08:47:32	+03:40:35	09:57
121	197	Cirilo Formiga	o praticante	Veterano M60	08:50:21	+03:43:24	10:00
122	187	Joaquim Lima	matilha running	Veterano M50	08:50:21	+03:43:25	10:00
123	153	Helder Bexiga	individual	Veterano M45	08:52:15	+03:45:19	10:03
124	154	joao leandro farinha agostinhp	individual	Veterano M45	08:57:06	+03:50:09	10:08
125	189	João Miguel Santos	monsanto running team	Senior Masculino	08:58:35	+03:51:39	10:10
126	144	Pedro Cordas	individual	Veterano M40	08:58:54	+03:51:58	10:10
127	169	Rui Batista	individual	Veterano M50	08:58:54	+03:51:58	10:10
128	224	Artur Soares	speedrunners	Veterano M40	08:59:46	+03:52:49	10:11
129	223	Carla Santos	speedrunners	Veterana F45	08:59:46	+03:52:50	10:11
130	84	António Filipe da Silva Garcia	eléctrico futebol clube	Veterano M40	09:17:44	+04:10:47	10:31
131	98	André Filipe Pereira Pinho	individual	Senior Masculino	09:17:44	+04:10:48	10:31
132	230	André Filipe Pires da Costa Duarte	trail c.d."os águias" trail / running	Senior Masculino	09:19:10	+04:12:14	10:33

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	142	Paulo Poiares	individual	Veterano M40	09:20:31	+04:13:34	10:35
134	143	Paulo Vieira	individual	Veterano M40	09:25:12	+04:18:16	10:40
135	52	Susana Gabriela Costa Pinto da Neta	clube zipper associação	Veterana F40	09:25:14	+04:18:18	10:40
136	104	Francisco Borges	individual	Senior Masculino	09:25:14	+04:18:18	10:40
137	141	Paulo Neta	individual	Veterano M40	09:25:15	+04:18:18	10:40
138	63	Bernardo Malhador	corrida noturna do parque das nações	Veterano M40	09:27:16	+04:20:19	10:42
139	225	Severino Rosa	ss cgd	Veterano M60	09:27:36	+04:20:39	10:43
140	195	Nuno Lucas	o praticante	Veterano M40	09:32:50	+04:25:54	10:49
141	207	Luis Maroco	proaventuras	Veterano M40	09:35:00	+04:28:03	10:51
142	209	Luis Coelho	proaventuras	Veterano M45	09:35:00	+04:28:03	10:51
143	215	Pedro Ferreira	runners da frente ribeirinha	Veterano M40	09:37:18	+04:30:22	10:54
144	213	Luis Nunes	runners da frente ribeirinha	Senior Masculino	09:37:18	+04:30:22	10:54
145	235	Carlos Freitas	atr - algarve trail running	Senior Masculino	09:41:53	+04:34:56	10:59
146	160	Nuno Pintão	individual	Veterano M45	09:45:04	+04:38:08	11:02
147	167	Luis Dimas	individual	Veterano M50	09:49:58	+04:43:02	11:08
148	44	HELENA PINTO	cá bom tt	Senior Feminino	09:51:16	+04:44:20	11:09
149	117	Renato Marques	individual	Senior Masculino	09:55:56	+04:48:59	11:15
150	203	Augusto Oliveira	paredes aventura	Veterano M40	10:01:10	+04:54:14	11:21
151	33	Nuno Carlos Justino de Oliveira Botelho	atr - algarve trail running	Senior Masculino	10:13:47	+05:06:51	11:35
152	177	Claudio Andre Fragoso	kangaroo runners	Veterano M40	10:16:17	+05:09:21	11:38
153	176	Carlos José da Costa Nunes	kangaroo runners	Veterano M40	10:16:18	+05:09:21	11:38
154	186	Rui Barbosa	matilha running	Veterano M45	10:22:15	+05:15:19	11:44
155	185	Roberto da Silva	matilha running	Veterano M40	10:22:16	+05:15:19	11:44
156	111	Nuno Bertolino da Silva Gameiro	individual	Senior Masculino	10:23:41	+05:16:45	11:46
157	86	Esmeralda Melo	figueira kayk clube	Veterana F50	10:24:13	+05:17:17	11:47
158	232	Pedro Constantino	www.correrportugal.net	Senior Masculino	10:24:15	+05:17:18	11:47
159	101	David Matias	individual	Senior Masculino	10:24:44	+05:17:47	11:47
160	32	Arsénio Fernandes	arsm - associação recreativa de s. miguel	Veterano M60	10:25:30	+05:18:33	11:48
161	166	José Carlos Melo	individual	Veterano M50	10:36:01	+05:29:05	12:00
162	46	Pedro Miguel Santos	cá bom tt	Senior Masculino	10:39:21	+05:32:24	12:04
163	45	TELMA PIRES	cá bom tt	Senior Feminino	10:39:21	+05:32:24	12:04
164	178	Sérgio Póvoa	kangaroo runners	Veterano M45	10:39:55	+05:32:59	12:04
165	180	Luis Henrique Canhoto da Silva	matilha radical	Veterano M45	10:39:55	+05:32:59	12:04
166	130	Daniel Ramos	individual	Veterano M40	11:10:38	+06:03:41	12:39
167	204	Ana Luisa Coelho	proaventuras	Veterana F50	11:23:04	+06:16:07	12:53
168	192	Sofia Portrla	não fazemos nem mais um km	Veterana F40	11:24:34	+06:17:38	12:55
169	198	Fátima Gonçalves	os tugas	Veterana F45	11:24:34	+06:17:38	12:55
170	199	Antonio Candido Lampreia Pereira Goncalves	os tugas	Veterano M55	11:24:34	+06:17:38	12:55
171	94	Carla Margarida Matos	monsanto running team	Senior Feminino	11:24:35	+06:17:39	12:55
172	134	João Silva	individual	Veterano M40	11:25:10	+06:18:14	12:56
173	159	Mário Manuel Assunção Agostinho Lopes	individual	Veterano M45	11:31:58	+06:25:02	13:03
174	115	Paulo Jorge Figueiredo Alves	individual	Senior Masculino	11:34:48	+06:27:51	13:07

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28	201	Tony Maia	Ourém Vida Team	Senior Masculino	07:27:00	+02:20:04	08:26
29	226	Marco Campos	Tálenos Team	Senior Masculino	07:32:21	+02:25:25	08:32
30	97	Allan Apolónio	Tálenos Team	Senior Masculino	07:32:21	+02:25:25	08:32
31	182	Rui Menas	Matilha Running	Senior Masculino	07:40:40	+02:33:43	08:42
32	17	Nelson Francisco Ribeiro Caldeira	AC PORTALEGRE / UTSM	Senior Masculino	07:43:59	+02:37:02	08:45
33	99	Brito carrudo	Individual	Senior Masculino	08:01:46	+02:54:49	09:05
34	38	Fernando Homem	C.A.S.P.A - Clube Amador Só Para Atletismo	Senior Masculino	08:01:47	+02:54:50	09:05
35	48	Ricardo Silva	CCD RENAULT CACIA	Senior Masculino	08:03:33	+02:56:37	09:07
36	114	Paulo Alves	Individual	Senior Masculino	08:04:03	+02:57:06	09:08
37	107	João Santos	Individual	Senior Masculino	08:08:57	+03:02:01	09:14
38	106	João Manuel Martins Gaspar Caetano	Individual	Senior Masculino	08:15:12	+03:08:16	09:21
39	110	Miguel Filipe Simões	Individual	Senior Masculino	08:21:04	+03:14:08	09:27
40	228	RODRIGO TAVARES	TOKA A CORRER	Senior Masculino	08:27:30	+03:20:34	09:35
41	77	Nuno Teixeira	EDV - Viana Trail	Senior Masculino	08:35:31	+03:28:35	09:44
42	36	João Costa	Bar e Restaurante Portela à Vista	Senior Masculino	08:35:50	+03:28:53	09:44
43	105	João Luis Poeira	Individual	Senior Masculino	08:43:40	+03:36:43	09:53
44	102	Diogo Filipe Marques Garcia dos Santos	Individual	Senior Masculino	08:43:40	+03:36:44	09:53
45	65	Tiago Lousada	DAP Trail Team	Senior Masculino	08:44:44	+03:37:48	09:54
46	92	Domingos Nogueira	Grupo VC	Senior Masculino	08:47:31	+03:40:34	09:57
47	109	Miguel cruz	Individual	Senior Masculino	08:47:32	+03:40:35	09:57
48	189	João Miguel Santos	Monsanto Running Team	Senior Masculino	08:58:35	+03:51:39	10:10
49	98	André Filipe Pereira Pinho	Individual	Senior Masculino	09:17:44	+04:10:48	10:31
50	230	André Filipe Pires da Costa Duarte	TRAIL C.D."Os Águias" Trail / Running	Senior Masculino	09:19:10	+04:12:14	10:33
51	104	Francisco Borges	Individual	Senior Masculino	09:25:14	+04:18:18	10:40
52	213	Luís Nunes	Runners da Frente Ribeirinha	Senior Masculino	09:37:18	+04:30:22	10:54
53	235	Carlos Freitas	ATR - Algarve Trail Running	Senior Masculino	09:41:53	+04:34:56	10:59
54	117	Renato Marques	Individual	Senior Masculino	09:55:56	+04:48:59	11:15
55	33	Nuno Carlos Justino de Oliveira Botelho	ATR - Algarve Trail Running	Senior Masculino	10:13:47	+05:06:51	11:35
56	111	Nuno Bertolino da Silva Gameiro	Individual	Senior Masculino	10:23:41	+05:16:45	11:46
57	232	Pedro Constantino	WWW.CORRERPORTUGAL.NET	Senior Masculino	10:24:15	+05:17:18	11:47
58	101	David Matias	Individual	Senior Masculino	10:24:44	+05:17:47	11:47
59	46	Pedro Miguel Santos	CÁ BOM TT	Senior Masculino	10:39:21	+05:32:24	12:04
60	115	Paulo Jorge Figueiredo Alves	Individual	Senior Masculino	11:34:48	+06:27:51	13:07

Veterana F40

1	31	Cristina Couceiro	ARSM - Associação Recreativa de S. Miguel	Veterana F40	06:24:03		07:15
2	175	Raquel Clemente Pedro	Juventude Vidigalense	Veterana F40	07:39:49	+01:15:46	08:41
3	174	Jocelina Jesus Ferreira	Juventude Vidigalense	Veterana F40	07:49:14	+01:25:12	08:51
4	89	Ana Maria Amaral	GONDOMAR FUTSAL CLUBE	Veterana F40	08:20:46	+01:56:44	09:27
5	124	Paula Pita	Individual	Veterana F40	08:39:50	+02:15:48	09:49
6	52	Susana Gabriela Costa Pinto da Neta	Clube Zupper Associação	Veterana F40	09:25:14	+03:01:12	10:40
7	192	Sofia Portrla	Não fazemos nem mais um km	Veterana F40	11:24:34	+05:00:32	12:55

Official Timekeeper: Lap2Go	2 / 5	generate 08-Oct-2016 19:01
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53K

53 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

Veterana F45

1	120	Luisa Santos	Individual	Veterana F45	07:56:22		08:59
2	125	CIDALIA M S M MARTINS	Individual	Veterana F45	08:27:12	+30:50	09:34
3	223	Carla Santos	SpeedRunners	Veterana F45	08:59:46	+01:03:25	10:11
4	198	Fátima Gonçalves	OS TUGAS	Veterana F45	11:24:34	+03:28:13	12:55

Veterana F50

1	127	Virgínia Pereira	Individual	Veterana F50	07:26:45		08:26
2	86	Esmeralda Melo	Figueira Kayk Clube	Veterana F50	10:24:13	+02:57:28	11:47
3	204	Ana Luisa Coelho	PROAVENTURAS	Veterana F50	11:23:04	+03:56:18	12:53

Veterano M40

1	26	Rui Luz	AMCF - Arrábida Trail Team	Veterano M40	05:31:28		06:15
2	41	Délio Ferreira	CA Barreira	Veterano M40	05:32:13	+00:44	06:16
3	25	Paulo José da Silva Lopes	AMCF - Arrábida Trail Team	Veterano M40	05:37:36	+06:08	06:22
4	27	Rui Miguel Simplicio Pacheco	AMCF - Arrábida Trail Team	Veterano M40	05:48:18	+16:50	06:34
5	59	paulo marreiros	Coimbra Trail Running	Veterano M40	06:11:56	+40:27	07:01
6	132	JOAO HORA FAUSTINO	Individual	Veterano M40	06:20:53	+49:24	07:11
7	88	Jaquim Manuel Martins De Freitas	GDR,Retorta	Veterano M40	06:32:06	+01:00:38	07:24
8	227	João Farinhas	Tálentos Team	Veterano M40	06:45:46	+01:14:17	07:39
9	19	Duarte Abreu	ACD Jardim da Serra	Veterano M40	06:51:59	+01:20:31	07:46
10	206	Luis Coelho	PROAVENTURAS	Veterano M40	06:59:18	+01:27:49	07:55
11	193	Marco Filipe	Não fazemos nem mais um km	Veterano M40	07:02:12	+01:30:43	07:58
12	58	Daniel Bento	Coimbra Trail Running	Veterano M40	07:03:55	+01:32:27	08:00
13	140	paulo ferreira	Individual	Veterano M40	07:04:23	+01:32:55	08:00
14	135	José Brandão	Individual	Veterano M40	07:06:17	+01:34:48	08:03
15	147	Rui Nascimento	Individual	Veterano M40	07:08:46	+01:37:18	08:05
16	24	manue silva	AMCF - Arrábida Trail Team	Veterano M40	07:15:03	+01:43:34	08:13
17	37	Rui Carvalho	Bruxos Runners	Veterano M40	07:20:48	+01:49:19	08:19
18	183	Carlos Gomes Ferreira	Matilha Running	Veterano M40	07:22:10	+01:50:41	08:21
19	184	Pedro Mendonça	Matilha Running	Veterano M40	07:25:01	+01:53:33	08:24
20	131	Elisio Gonçalves	Individual	Veterano M40	07:30:49	+01:59:20	08:30
21	139	Nuno Silva Ferreira	Individual	Veterano M40	07:47:42	+02:16:14	08:49
22	205	Lívio Nuno	PROAVENTURAS	Veterano M40	07:52:35	+02:21:06	08:55
23	145	Ricardo Fernandes	Individual	Veterano M40	08:00:50	+02:29:21	09:04
24	150	Vitor Lebre	Individual	Veterano M40	08:03:37	+02:32:08	09:07
25	148	Rui Patrício Miguel	Individual	Veterano M40	08:25:28	+02:54:00	09:32
26	136	Leonel Cordeiro	Individual	Veterano M40	08:39:50	+03:08:22	09:49
27	149	Tiago Dionisio	Individual	Veterano M40	08:46:29	+03:15:01	09:56
28	93	Pedro Jorge Ribeiro Pinto	Grupo VC	Veterano M40	08:47:30	+03:16:02	09:57
29	137	Mário Jorge Ferreira	Individual	Veterano M40	08:47:32	+03:16:03	09:57

COLETIVA- 53K

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	TEAM	DESCRIPTION	POINTS
1	Satecnosol Outdoor / La Sportiva	2 + 6 + 7	15
2	AMCF - Arrábida Trail Team	3 + 5 + 8	16
3	Dr. Merino/Nutrifit	1 + 10 + 12	23
4	EDV - Viana Trail	14 + 15 + 17	46
5	Coimbra Trail Running	16 + 18 + 22	56
6	CA Barreira	4 + 13 + 49	66
7	PROAVENTURAS	30 + 32 + 37	99
8	Ourém Vida Team	31 + 68 + 69	168
9	Matilha Running	54 + 59 + 64	177
10	Tálenos Team	33 + 72 + 73	178
11	Monsanto Running Team	26 + 63 + 125	214
12	ARSM - Associação Recreativa de S. Miguel	21 + 45 + 160	226
13	O Praticante	53 + 121 + 140	314
14	ATR - Algarve Trail Running	112 + 145 + 151	408
15	Kangaroo Runners	152 + 153 + 164	469
16	CÁ BOM TT	148 + 162 + 163	473

28K - STAGE 1**28 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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	Time	Temperature	Humidity
Start	09:30	-99°C	-99%
End	15:09	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	50	Fernando Gomes	clube de atletismo de ferreira do zêzere	Senior Masculino	02:11:33		04:42
2	730	Fábio Fountoura	u.f. comércio e indústria atletismo	Senior Masculino	02:12:51	+01:19	04:45
3	521	Custódio António	beja atlético clube	Senior Masculino	02:20:45	+09:12	05:02
4	732	Luis Mário Fernandes	u.f. comércio e indústria atletismo	Senior Masculino	02:20:48	+09:16	05:02
5	738	Virgílio Alexandre Gomes	u.f. comércio e indústria atletismo	Veterano M45	02:20:52	+09:20	05:02
6	740	Nuno Patricio	volkswagen autoeuropa	Veterano M40	02:21:30	+09:58	05:03
7	694	Tiago Rovisco	proaventuras	Senior Masculino	02:29:39	+18:06	05:21
8	734	Manuel Horta	u.f. comércio e indústria atletismo	Senior Masculino	02:34:22	+22:50	05:31
9	737	Cristina Maria Ponte	u.f. comércio e indústria atletismo	Veterana F40	02:34:39	+23:07	05:31
10	508	Nelson Diogo	amcf - arrábida trail team	Senior Masculino	02:35:17	+23:45	05:33
11	733	Luis Silva	u.f. comércio e indústria atletismo	Senior Masculino	02:36:27	+24:54	05:35
12	523	Mário Louro	brrnighrunners	Veterano M45	02:36:39	+25:07	05:36
13	628	guilherme hora	individual	Veterano M40	02:37:46	+26:13	05:38
14	736	Rogério Costa	u.f. comércio e indústria atletismo	Senior Masculino	02:39:31	+27:59	05:42
15	527	DANIEL LEOCADIO NETTO	c.d ""os águias"" alpiarça	Senior Masculino	02:44:52	+33:20	05:53
16	599	Rui Pedro Pinheiro da Fonseca	individual	Senior Masculino	02:44:53	+33:20	05:53
17	596	ricardofonseca@me.com	individual	Senior Masculino	02:49:06	+37:33	06:02
18	502	Sergio Santos	acd jardim da serra	Senior Masculino	02:49:28	+37:55	06:03
19	671	Rufino Pereira de Paiva	individual	Veterano M45	02:51:20	+39:47	06:07
20	627	Gonçalo Rijo	individual	Veterano M40	02:52:10	+40:38	06:09
21	539	Bruno Martelo	coimbra trail running	Senior Masculino	02:53:39	+42:07	06:12
22	564	António Antas	furões do alentejo	Veterano M50	02:54:01	+42:29	06:13
23	735	Milton Silva	u.f. comércio e indústria atletismo	Senior Masculino	02:55:31	+43:59	06:16
24	731	Filipe Inácio	u.f. comércio e indústria atletismo	Senior Masculino	02:57:03	+45:30	06:19
25	714	Jorge Pé - Curto	proaventuras	Veterano M40	03:00:40	+49:07	06:27
26	565	Romeu Alexandre Taneco Colaço	ginásio quinta do valbom - aaalcochete	Senior Masculino	03:02:32	+50:59	06:31
27	719	Carlos Charrua	running academy - o2 life center	Veterano M40	03:03:13	+51:40	06:33
28	506	Vasco Santos	alenquer night runners	Senior Masculino	03:03:13	+51:40	06:33
29	713	Amélia Costa	proaventuras	Veterana F50	03:03:38	+52:06	06:34
30	526	Pedro Gabriel	c.a. amigos parque da paz	Veterano M40	03:03:38	+52:06	06:34
31	625	Emanuel Oliveira	individual	Veterano M40	03:05:24	+53:52	06:37
32	573	Carlos Manuel Ferreira Moura	individual	Senior Masculino	03:05:24	+53:52	06:37
33	676	João Eduardo Pinto	individual	Veterano M50	03:06:32	+55:00	06:40
34	576	Gonçalo Costa Santos	individual	Senior Masculino	03:06:49	+55:17	06:40
35	536	Luís Amândio	clube praças da armada	Senior Masculino	03:06:56	+55:24	06:41
36	537	José Amândio	clube praças da armada	Veterano M50	03:06:56	+55:24	06:41
37	728	Fernando Carvalho	tarahumara	Senior Masculino	03:07:25	+55:53	06:42
38	505	Daniel Soares	adcrpj	Senior Masculino	03:07:25	+55:53	06:42
39	729	Pedro Jorge Oliveira Brandão	toka a correr	Veterano M40	03:07:52	+56:19	06:43
40	661	Francisco Lopes	individual	Veterano M45	03:08:04	+56:32	06:43
41	739	Francisco António Calvo	u.f. comércio e indústria atletismo	Veterano M55	03:09:32	+58:00	06:46
42	651	Pedro Correia	zimbra fox runners	Veterano M40	03:09:39	+58:06	06:46

28K - STAGE 1
28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	212	José Manuel Dionísio	proaventuras	Veterano M55	03:09:44	+58:11	06:47
44	519	José Fernandes	azeitao runners	Veterano M45	03:13:19	+01:01:46	06:54
45	582	João pedro coelho cafe marques	individual	Senior Masculino	03:13:52	+01:02:20	06:55
46	583	João Pedro Dias Figueiredo	individual	Senior Masculino	03:14:20	+01:02:48	06:56
47	592	Pedro Miguel Fernandes Borregana	individual	Senior Masculino	03:14:21	+01:02:48	06:56
48	513	Filomena Sabino	associação cultural sambrasensse - acs	Veterana F40	03:14:46	+01:03:14	06:57
49	515	Rui Lobo	associação cultural sambrasensse - acs	Veterano M55	03:14:48	+01:03:16	06:57
50	507	Carlos Ricardo	alenquer night runners	Veterano M45	03:15:20	+01:03:47	06:59
51	672	Rui Brás	individual	Veterano M45	03:16:12	+01:04:39	07:00
52	590	Nuno Ricardo Monteiro de Assis	individual	Senior Masculino	03:16:48	+01:05:16	07:02
53	682	Fernando Ferreira	individual	Veterano M60	03:17:26	+01:05:54	07:03
54	591	pedro machuqueiro	individual	Senior Masculino	03:17:36	+01:06:04	07:03
55	530	Marco Rasteiro	caracóis vassoura	Senior Masculino	03:17:46	+01:06:13	07:04
56	689	Paulo Silva	madruca runners	Senior Masculino	03:18:31	+01:06:58	07:05
57	649	Paulo Marçalo	individual	Veterano M40	03:19:03	+01:07:31	07:07
58	574	Daniel Rosário	individual	Senior Masculino	03:19:13	+01:07:40	07:07
59	747	Diogo Gamito	individual	Veterano M45	03:19:58	+01:08:25	07:09
60	667	Manuel Nogueira	individual	Veterano M45	03:20:52	+01:09:20	07:10
61	518	Nuno Almeida	azeitao runners	Veterano M40	03:22:27	+01:10:54	07:14
62	696	Paulo Trilho	matilha running	Veterano M40	03:22:27	+01:10:54	07:14
63	533	NUNO PEREIRA	clube anacom	Veterano M40	03:23:11	+01:11:39	07:15
64	53	Henrique Pinto	coimbra trail running	Senior Masculino	03:23:37	+01:12:04	07:16
65	631	João Oliveira	individual	Veterano M40	03:24:14	+01:12:41	07:18
66	546	Renato Ferreira	coimbra trail running	Veterano M40	03:25:30	+01:13:58	07:20
67	620	Alexandre Nunes	individual	Veterano M40	03:25:31	+01:13:59	07:20
68	712	Sara Velho	proaventuras	Veterana F40	03:27:00	+01:15:28	07:24
69	551	Rui Belo	correr soc rec da granja	Senior Masculino	03:28:14	+01:16:42	07:26
70	641	Marco Silva	individual	Veterano M40	03:28:25	+01:16:52	07:27
71	687	José Pato	mad max team	Senior Masculino	03:29:27	+01:17:55	07:29
72	693	Carlos Sá	manos sá	Veterano M45	03:29:39	+01:18:06	07:29
73	588	MARCO ANTÓNIO HENRIQUES GUERRA	individual	Senior Masculino	03:29:51	+01:18:18	07:30
74	697	Helder Branco	matilha running	Veterano M45	03:30:44	+01:19:11	07:32
75	634	Joaquim António Velhinho Dias	individual	Veterano M40	03:30:44	+01:19:12	07:32
76	683	Nuno Baltazar	juventude vidigalense	Veterano M40	03:31:57	+01:20:25	07:34
77	512	Lígia Coelho	arsm - associação recreativa de s. miguel	Veterana F45	03:34:02	+01:22:30	07:39
78	586	Luis dias	individual	Senior Masculino	03:34:03	+01:22:30	07:39
79	690	João Miguel Carapinha	madruca runners	Veterano M40	03:34:03	+01:22:30	07:39
80	669	Pedro Francisco Moreira de Oliveira	individual	Veterano M45	03:34:09	+01:22:36	07:39
81	742	Rui Filipe de Matos Soares	individual	Senior Masculino	03:35:59	+01:24:26	07:43
82	585	Jorge Filipe Martins Santos	individual	Senior Masculino	03:37:48	+01:26:16	07:47
83	636	José novas	individual	Veterano M40	03:38:00	+01:26:27	07:47
84	601	Sérgio Cortez	individual	Senior Masculino	03:38:07	+01:26:35	07:47
85	520	Silvério Correia	azeitao runners	Veterano M45	03:38:39	+01:27:06	07:49
86	635	José Luís Lopes	individual	Veterano M40	03:38:43	+01:27:10	07:49
87	549	Carlos Galamba	coimbra trail running	Veterano M50	03:39:12	+01:27:39	07:50

28K - STAGE 1

28 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	598	Rui Miguel Pinheiro Babau Luciano	individual	Senior Masculino	04:00:28	+01:48:56	08:35
134	580	João Freire	individual	Senior Masculino	04:00:36	+01:49:04	08:36
135	707	Fernando Vicente	os galgos	Veterano M55	04:01:11	+01:49:38	08:37
136	647	Nuno Domingos Martins Magro	individual	Veterano M40	04:02:20	+01:50:47	08:39
137	597	Rodrigo joina	individual	Senior Masculino	04:03:06	+01:51:34	08:41
138	621	António Santos	individual	Veterano M40	04:03:06	+01:51:34	08:41
139	725	Jorge Pires	tálenots team	Senior Masculino	04:03:59	+01:52:27	08:43
140	544	Paula Vidas	coimbra trail running	Veterana F50	04:04:54	+01:53:22	08:45
141	704	LUIS MIGUEL RIBEIRO PEREIRA	os coxos e o miguel	Veterano M40	04:05:30	+01:53:57	08:46
142	646	Nuno Carrasco	individual	Veterano M40	04:07:05	+01:55:32	08:49
143	624	Carlos Rodrigues	individual	Veterano M40	04:07:12	+01:55:40	08:50
144	648	Nuno Marques	individual	Veterano M40	04:07:13	+01:55:40	08:50
145	749	Fernando Gomes	bruxos runners	Senior Masculino	04:07:42	+01:56:10	08:51
146	595	Ricardo Vilchez	individual	Senior Masculino	04:07:57	+01:56:25	08:51
147	680	Paulo J. Ferreira	individual	Veterano M50	04:08:14	+01:56:41	08:52
148	579	hugo miguel serranito mota	individual	Senior Masculino	04:08:19	+01:56:46	08:52
149	593	Pedro Pimpão	individual	Senior Masculino	04:08:47	+01:57:14	08:53
150	692	Fausto Sá	manos sá	Veterano M40	04:09:12	+01:57:40	08:54
151	668	Miguel Duarte Pedro	individual	Veterano M45	04:09:12	+01:57:40	08:54
152	688	Paulo silva	mad max team	Veterano M45	04:10:10	+01:58:37	08:56
153	572	Bernardo Bordalo	individual	Senior Masculino	04:11:40	+02:00:07	08:59
154	643	Miguel Cruz	individual	Veterano M40	04:12:10	+02:00:38	09:00
155	602	Sergio Duro	individual	Senior Masculino	04:12:37	+02:01:05	09:01
156	622	Carlos Bruno Grade	individual	Veterano M40	04:13:31	+02:01:58	09:03
157	615	Isabel Barra	individual	Veterana F45	04:13:31	+02:01:58	09:03
158	504	Nuno Miguel Rodrigues Sabino	açoreana clube	Senior Masculino	04:13:31	+02:01:59	09:03
159	716	Alexandre Santana	proaventuras	Veterano M40	04:14:48	+02:03:16	09:06
160	710	Nuno António Duarte	pimentinhas	Senior Masculino	04:15:23	+02:03:50	09:07
161	589	Mário Vieira	individual	Senior Masculino	04:16:39	+02:05:06	09:10
162	663	João Ferreira	individual	Veterano M45	04:16:39	+02:05:06	09:10
163	632	João Pedro Alves Vieira	individual	Veterano M40	04:18:15	+02:06:43	09:13
164	535	Luis Pedro Silva	clube de corrida ren	Sub 23 Masculino	04:18:52	+02:07:20	09:15
165	743	João Romeiras	individual	Senior Masculino	04:19:04	+02:07:32	09:15
166	612	Sara Cannas da Cunha	magic runners / enterprom - brindes promocionais	Veterana F40	04:19:07	+02:07:34	09:15
167	618	Sandra Magalhães	magic runners / enterprom - brindes promocionais	Veterana F50	04:19:07	+02:07:34	09:15
168	603	Valter Amadinho	individual	Senior Masculino	04:19:22	+02:07:49	09:16
169	652	Pedro Lopes	individual	Veterano M40	04:20:36	+02:09:04	09:18
170	640	Luis Vieira	individual	Veterano M40	04:21:27	+02:09:55	09:20
171	563	João Menezes Silva	from kibera with love	Veterano M55	04:22:15	+02:10:43	09:22
172	528	Taciana Rasteiro	caracóis vassoura	Senior Feminino	04:24:25	+02:12:52	09:27
173	552	David Gonçalves	e-club	Veterano M40	04:24:27	+02:12:54	09:27
174	656	Rui Barracha	individual	Veterano M40	04:24:27	+02:12:54	09:27
175	543	Gustavo Monteiro	coimbra trail running	Sub 23 Masculino	04:24:35	+02:13:03	09:27
176	741	João Bartolomeu Romão Cornacho	individual	Sub 23 Masculino	04:25:03	+02:13:31	09:28
177	553	José Subtil	e-club	Veterano M40	04:26:35	+02:15:02	09:31

28K

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

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23	505	Daniel Soares	ADCRPJ	Senior Masculino	03:07:25	+55:53	06:42
24	582	João pedro coelho cafe marques	Individual	Senior Masculino	03:13:52	+01:02:20	06:55
25	583	João Pedro Dias Figueiredo	Individual	Senior Masculino	03:14:20	+01:02:48	06:56
26	592	Pedro Miguel Fernandes Borregana	Individual	Senior Masculino	03:14:21	+01:02:48	06:56
27	590	Nuno Ricardo Monteiro de Assis	Individual	Senior Masculino	03:16:48	+01:05:16	07:02
28	591	pedro machuqueiro	Individual	Senior Masculino	03:17:36	+01:06:04	07:03
29	530	Marco Rasteiro	Caracóis Vassoura	Senior Masculino	03:17:46	+01:06:13	07:04
30	689	Paulo Silva	Madruga Runners	Senior Masculino	03:18:31	+01:06:58	07:05
31	574	Daniel Rosário	Individual	Senior Masculino	03:19:13	+01:07:40	07:07
32	53	Henrique Pinto	Coimbra Trail Running	Senior Masculino	03:23:37	+01:12:04	07:16
33	551	Rui Belo	Correr Soc Rec da Granja	Senior Masculino	03:28:14	+01:16:42	07:26
34	687	José Pato	Mad Max Team	Senior Masculino	03:29:27	+01:17:55	07:29
35	588	MARCO ANTÓNIO HENRIQUES GUERRA	Individual	Senior Masculino	03:29:51	+01:18:18	07:30
36	586	Luis dias	Individual	Senior Masculino	03:34:03	+01:22:30	07:39
37	742	Rui Filipe de Matos Soares	Individual	Senior Masculino	03:35:59	+01:24:26	07:43
38	585	Jorge Filipe Martins Santos	Individual	Senior Masculino	03:37:48	+01:26:16	07:47
39	601	Sérgio Cortez	Individual	Senior Masculino	03:38:07	+01:26:35	07:47
40	584	Joao Pereira	Individual	Senior Masculino	03:39:12	+01:27:40	07:50
41	699	Sérgio Castro da Costa	Ninjas da Mata	Senior Masculino	03:41:45	+01:30:12	07:55
42	566	Valter Filipe Pereira Martinho	Ginásio Quinta do Valbom - AAAIcochete	Senior Masculino	03:41:45	+01:30:12	07:55
43	701	Diogo Garcia	Os Conta-Kilómetros	Senior Masculino	03:44:22	+01:32:49	08:01
44	581	João Guilherme Sousa Caeiros da Graça Coelho	Individual	Senior Masculino	03:46:30	+01:34:57	08:05
45	600	Sandro Fiúza	Individual	Senior Masculino	03:47:48	+01:36:15	08:08
46	571	André Relvas	Individual	Senior Masculino	03:47:51	+01:36:18	08:08
47	542	Miguel Pimenta	Coimbra Trail Running	Senior Masculino	03:48:16	+01:36:44	08:09
48	1109	Hugo Rodrigues	LusoRede - Trail Running Team	Senior Masculino	03:50:52	+01:39:19	08:15
49	709	Luis António Valinho	PharmaRunners	Senior Masculino	03:51:08	+01:39:36	08:15
50	532	João Fernandes	CCD Siemens	Senior Masculino	03:52:56	+01:41:23	08:19
51	578	Hugo Ferreira	Individual	Senior Masculino	03:53:31	+01:41:59	08:20
52	529	André Serra	Caracóis Vassoura	Senior Masculino	03:54:30	+01:42:57	08:23
53	748	Bruno Carvalho	Bruxos Runners	Senior Masculino	03:55:48	+01:44:15	08:25
54	604	Vítor Hugo Ribeiro Duarte	Individual	Senior Masculino	03:58:10	+01:46:37	08:30
55	598	Rui Miguel Pinheiro Babau Luciano	Individual	Senior Masculino	04:00:28	+01:48:56	08:35
56	580	João Freire	Individual	Senior Masculino	04:00:36	+01:49:04	08:36
57	597	Rodrigo joina	Individual	Senior Masculino	04:03:06	+01:51:34	08:41
58	725	Jorge Pires	Tá lentos Team	Senior Masculino	04:03:59	+01:52:27	08:43
59	749	Fernando Gomes	Bruxos Runners	Senior Masculino	04:07:42	+01:56:10	08:51
60	595	Ricardo Vilchez	Individual	Senior Masculino	04:07:57	+01:56:25	08:51
61	579	hugo miguel serranito mota	Individual	Senior Masculino	04:08:19	+01:56:46	08:52
62	593	Pedro Pimpão	Individual	Senior Masculino	04:08:47	+01:57:14	08:53
63	572	Bernardo Bordalo	Individual	Senior Masculino	04:11:40	+02:00:07	08:59
64	602	Sergio Duro	Individual	Senior Masculino	04:12:37	+02:01:05	09:01
65	504	Nuno Miguel Rodrigues Sabino	Açoreana Clube	Senior Masculino	04:13:31	+02:01:59	09:03
66	710	Nuno António Duarte	Pimentinhas	Senior Masculino	04:15:23	+02:03:50	09:07

28K**28 KM**

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

67	589	Mário Vieira	Individual	Senior Masculino	04:16:39	+02:05:06	09:10
68	743	João Romeiras	Individual	Senior Masculino	04:19:04	+02:07:32	09:15
69	603	Valter Amadinho	Individual	Senior Masculino	04:19:22	+02:07:49	09:16
70	558	Pedro Lucas	Elite Trail Team	Senior Masculino	04:33:56	+02:22:23	09:47
71	684	Ricardo Silva Pato	Kangaroo Runners	Senior Masculino	04:38:06	+02:26:34	09:56
72	577	Goncalo Lince	Individual	Senior Masculino	04:44:30	+02:32:57	10:10
73	702	Luís Filipe Medeiro Costa	Os Conta-Kilómetros	Senior Masculino	04:47:00	+02:35:28	10:15
74	708	João Filipe Martinho	PharmaRunners	Senior Masculino	04:47:16	+02:35:43	10:16
75	711	Hélder Cabedal	PROAVENTURAS	Senior Masculino	04:49:09	+02:37:37	10:20
76	575	Francisco Hortas Calado Barrento	Individual	Senior Masculino	04:58:02	+02:46:30	10:39
77	685	Bruno Arcanjo	Los Duros	Senior Masculino	05:25:06	+03:13:33	11:37

Sub 23 Masculino

1	535	Luis Pedro Silva	Clube de Corrida REN	Sub 23 Masculino	04:18:52		09:15
2	543	Gustavo Monteiro	Coimbra Trail Running	Sub 23 Masculino	04:24:35	+05:43	09:27
3	741	João Bartolomeu Romão Cornacho	Individual	Sub 23 Masculino	04:25:03	+06:11	09:28

Veterana F40

1	737	Cristina Maria Ponte	U.F. Comércio e Indústria Atletismo	Veterana F40	02:34:39		05:31
2	513	Filomena Sabino	Associação Cultural Sambrasensse - ACS	Veterana F40	03:14:46	+40:07	06:57
3	712	Sara Velho	PROAVENTURAS	Veterana F40	03:27:00	+52:21	07:24
4	510	Ana Amaro	Aminhacorrida/myprotein	Veterana F40	03:39:24	+01:04:44	07:50
5	609	Joana Leitaο	Individual	Veterana F40	03:46:20	+01:11:41	08:05
6	612	Sara Cannas da Cunha	Magic RUNNERS / ENTERPROM - Brindes Promocionais	Veterana F40	04:19:07	+01:44:27	09:15
7	608	Gisela Branco Padre	Individual	Veterana F40	04:34:37	+01:59:58	09:48
8	611	Rita Isabel Costa Mendonça da Luz	Individual	Veterana F40	04:43:06	+02:08:27	10:07
9	605	Ana Catarina Pereira Quintas	Individual	Veterana F40	04:46:24	+02:11:44	10:14
10	610	Maria Leonor Vieira Borges	Individual	Veterana F40	04:58:40	+02:24:00	10:40
11	726	Elisabete Azougado	Tálenos Team	Veterana F40	05:09:18	+02:34:38	11:03
12	606	Ana Isabel Pereira Farias	Individual	Veterana F40	05:26:03	+02:51:23	11:39

Veterana F45

1	512	Lígia Coelho	ARSM - Associação Recreativa de S. Miguel	Veterana F45	03:34:02		07:39
2	614	Anne Geubelle	Individual	Veterana F45	03:43:50	+09:47	08:00
3	615	Isabel Barra	Individual	Veterana F45	04:13:31	+39:28	09:03
4	724	M TERESA FARIA DOMINGUES	SS CGD	Veterana F45	04:29:56	+55:54	09:38
5	616	Paula Ventura	Individual	Veterana F45	04:32:35	+58:33	09:44
6	718	Susete Marques	Run4eat	Veterana F45	04:46:12	+01:12:09	10:13
7	613	ANA PAULA DOS SANTOS GONÇALVES MIRA	Individual	Veterana F45	04:58:40	+01:24:38	10:40

Official Timekeeper: Lap2Go

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generate 08-Oct-2016 19:01

28K

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

8	561	Carla Mota	Évora Night Runners	Veterana F45	05:04:49	+01:30:46	10:53
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Veterana F50

1	713	Amélia Costa	PROAVENTURAS	Veterana F50	03:03:38		06:34
2	544	Paula Vidas	Coimbra Trail Running	Veterana F50	04:04:54	+01:01:16	08:45
3	618	Sandra Magalhães	Magic RUNNERS / ENTERPROM - Brindes Promocionais	Veterana F50	04:19:07	+01:15:28	09:15
4	617	Catarina Mesquita	Magic RUNNERS / ENTERPROM - Brindes Promocionais	Veterana F50	04:46:42	+01:43:03	10:14
5	698	ROSA COSTA	Moreira Relax Runners	Veterana F50	05:29:52	+02:26:14	11:47

Veterano M40

1	740	Nuno Patricio	Volkswagen Autoeuropa	Veterano M40	02:21:30		05:03
2	628	guilherme hora	Individual	Veterano M40	02:37:46	+16:15	05:38
3	627	Gonçalo Rijo	Individual	Veterano M40	02:52:10	+30:40	06:09
4	714	Jorge Pé - Curto	PROAVENTURAS	Veterano M40	03:00:40	+39:09	06:27
5	719	Carlos Charrua	Running Academy - O2 Life Center	Veterano M40	03:03:13	+41:42	06:33
6	526	Pedro Gabriel	C.A. Amigos Parque da Paz	Veterano M40	03:03:38	+42:08	06:34
7	625	Emanuel Oliveira	Individual	Veterano M40	03:05:24	+43:54	06:37
8	729	Pedro Jorge Oliveira Brandão	TOKA A CORRER	Veterano M40	03:07:52	+46:21	06:43
9	651	Pedro Correia	Zimbra Fox Runners	Veterano M40	03:09:39	+48:08	06:46
10	649	Paulo Marçalo	Individual	Veterano M40	03:19:03	+57:33	07:07
11	518	Nuno Almeida	Azeitao Runners	Veterano M40	03:22:27	+01:00:56	07:14
12	696	Paulo Trilho	Matilha Running	Veterano M40	03:22:27	+01:00:56	07:14
13	533	NUNO PEREIRA	CLUBE ANACOM	Veterano M40	03:23:11	+01:01:41	07:15
14	631	João Oliveira	Individual	Veterano M40	03:24:14	+01:02:43	07:18
15	546	Renato Ferreira	Coimbra Trail Running	Veterano M40	03:25:30	+01:04:00	07:20
16	620	Alexandre Nunes	Individual	Veterano M40	03:25:31	+01:04:01	07:20
17	641	Marco Silva	Individual	Veterano M40	03:28:25	+01:06:54	07:27
18	634	Joaquim António Velhinho Dias	Individual	Veterano M40	03:30:44	+01:09:14	07:32
19	683	Nuno Baltazar	Juventude Vidigalense	Veterano M40	03:31:57	+01:10:27	07:34
20	690	João Miguel Carapinha	Madrua Runners	Veterano M40	03:34:03	+01:12:32	07:39
21	636	José novas	Individual	Veterano M40	03:38:00	+01:16:29	07:47
22	635	José Luís Lopes	Individual	Veterano M40	03:38:43	+01:17:12	07:49
23	511	José Amaro	Aminhacorrída/myprotein	Veterano M40	03:39:24	+01:17:53	07:50
24	705	Mário Oliveira	Os coxos e o Miguel	Veterano M40	03:41:18	+01:19:48	07:54
25	645	Nuno António	Individual	Veterano M40	03:43:35	+01:22:05	07:59
26	633	João Vítor Miranda Inácio	Individual	Veterano M40	03:44:19	+01:22:49	08:01
27	531	Carlos Brito	Tálenos Team	Veterano M40	03:45:49	+01:24:18	08:04
28	637	Julio Barao	Individual	Veterano M40	03:47:44	+01:26:14	08:08
29	706	Sérgio Rebelo das dores	Os coxos e o Miguel	Veterano M40	03:48:03	+01:26:33	08:09
30	545	João Pinho	Coimbra Trail Running	Veterano M40	03:49:55	+01:28:25	08:13
31	745	João Damásio	Kangaroo Runners	Veterano M40	03:51:21	+01:29:51	08:16

28K

28 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

13	520	Silvério Correia	Azeitao Runners	Veterano M45	03:38:39	+01:17:46	07:49
14	547	Filipe Santos	Coimbra Trail Running	Veterano M45	03:41:02	+01:20:10	07:54
15	658	Antonio Ramos	Individual	Veterano M45	03:44:19	+01:23:27	08:01
16	666	Jose Antonio Morales Ruiz	Individual	Veterano M45	03:45:10	+01:24:18	08:03
17	664	João Pedro Silva	Individual	Veterano M45	03:47:57	+01:27:04	08:08
18	717	Miguel Barnabé	Run4Children	Veterano M45	03:48:55	+01:28:02	08:11
19	522	Jorge Vaz	BRRnightRUNNERS	Veterano M45	03:52:59	+01:32:06	08:19
20	662	Ismael Maiato	Individual	Veterano M45	03:52:59	+01:32:07	08:19
21	668	Miguel Duarte Pedro	Individual	Veterano M45	04:09:12	+01:48:20	08:54
22	688	Paulo silva	Mad Max Team	Veterano M45	04:10:10	+01:49:17	08:56
23	663	João Ferreira	Individual	Veterano M45	04:16:39	+01:55:46	09:10
24	670	Ricardo Vicente	Individual	Veterano M45	04:45:20	+02:24:28	10:11
25	673	Rui Carlos Soares de Jesus	Individual	Veterano M45	04:48:59	+02:28:06	10:19
26	665	Jorge Zambujo	Individual	Veterano M45	05:30:10	+03:09:17	11:48

Veterano M50

1	564	António Antas	Furões do Alentejo	Veterano M50	02:54:01		06:13
2	676	João Eduardo Pinto	Individual	Veterano M50	03:06:32	+12:31	06:40
3	537	José Amândio	Clube Praças da Armada	Veterano M50	03:06:56	+12:55	06:41
4	549	Carlos Galamba	Coimbra Trail Running	Veterano M50	03:39:12	+45:10	07:50
5	674	Antonio Barrocas	Individual	Veterano M50	03:43:50	+49:48	08:00
6	680	Paulo J. Ferreira	Individual	Veterano M50	04:08:14	+01:14:12	08:52
7	675	António Manuel Sanches	Individual	Veterano M50	04:48:59	+01:54:57	10:19
8	678	Jose Carlos Manique Figueiredo	Individual	Veterano M50	04:54:11	+02:00:09	10:30

Veterano M55

1	739	Francisco António Calvo	U.F. Comércio e Indústria Atletismo	Veterano M55	03:09:32		06:46
2	212	José Manuel Dionísio	PROAVENTURAS	Veterano M55	03:09:44	+00:11	06:47
3	515	Rui Lobo	Associação Cultural Sambrasensse - ACS	Veterano M55	03:14:48	+05:16	06:57
4	723	José António Marques Pereira	Salamandrecos	Veterano M55	03:42:25	+32:53	07:57
5	550	Fernando Venda	Coimbra Trail Running	Veterano M55	03:53:35	+44:02	08:21
6	707	Fernando Vicente	Os galgos	Veterano M55	04:01:11	+51:38	08:37
7	563	João Menezes Silva	From Kibera With Love	Veterano M55	04:22:15	+01:12:43	09:22
8	681	JOSE MANUEL VALENTIM	Individual	Veterano M55	04:33:33	+01:24:00	09:46

Veterano M60

1	682	Fernando Ferreira	Individual	Veterano M60	03:17:26		07:03
2	700	José Bordalo	O Mundo da Corrida	Veterano M60	03:57:07	+39:41	08:28

15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1043	Carla Andreia Garrett	ginásio quinta do valbom - aalcochete	Senior Feminino	02:00:54	+47:09	08:04
43	1069	Bruno Miguel Gonçalves Valente	individual	Senior Masculino	02:00:58	+47:12	08:04
44	1110	José Califórnia	lusorede - trail running team	Senior Masculino	02:01:13	+47:27	08:05
45	1112	Mário Ferreira	lusorede - trail running team	Senior Masculino	02:01:13	+47:27	08:05
46	1004	Helder Manuel Delgado	alenquer night runners	Senior Masculino	02:01:23	+47:37	08:06
47	1008	Paulo Onofre	amcf - arrábida trail team	Senior Masculino	02:02:01	+48:15	08:08
48	1091	Nuno Maia	individual	Senior Masculino	02:02:19	+48:34	08:09
49	1025	Luis Fernandão Horta Lima	desobstroiamenta	Senior Masculino	02:02:39	+48:54	08:11
50	1106	Hugo Queimado	lachegarei	Senior Masculino	02:03:02	+49:17	08:12
51	1107	João Azevedo	lachegarei	Senior Masculino	02:03:03	+49:17	08:12
52	1099	Ricardo Jorge Filpe Veiga Santos	individual	Senior Masculino	02:03:14	+49:29	08:13
53	1100	Ricardo Miguel Conceição Dias	individual	Senior Masculino	02:04:21	+50:35	08:17
54	1076	Hélder Monteiro	individual	Senior Masculino	02:04:21	+50:35	08:17
55	1141	Sandra Travessas	individual	Senior Feminino	02:04:27	+50:42	08:18
56	1096	Pedro Machado	individual	Senior Masculino	02:05:02	+51:17	08:20
57	1006	Soraia Ferreira	amcf - arrábida trail team	Senior Feminino	02:05:08	+51:23	08:21
58	1020	Vanessa Sousa	correr soc rec da granja	Senior Feminino	02:05:08	+51:23	08:21
59	1149	Neil McCallum	individual	Senior Masculino	02:05:24	+51:38	08:22
60	1084	Jose Palacios	individual	Senior Masculino	02:06:00	+52:14	08:24
61	1026	Pedro Miguel Ribeiro de Almeida Felgueiras Azevedo	desobstroiamenta	Senior Masculino	02:07:32	+53:47	08:30
62	1083	Jose Alves	individual	Senior Masculino	02:07:45	+53:59	08:31
63	1013	Rui Costa	ccd siemens	Senior Masculino	02:07:45	+54:00	08:31
64	1101	Rui Sobral	individual	Senior Masculino	02:07:50	+54:05	08:31
65	1093	Paulo Batista	individual	Senior Masculino	02:07:57	+54:12	08:32
66	1066	António Vaz	individual	Senior Masculino	02:08:26	+54:41	08:34
67	1056	Martina Russová	individual	Senior Feminino	02:08:32	+54:46	08:34
68	1048	Ana Garcia	individual	Senior Feminino	02:08:32	+54:47	08:34
69	1070	Carlos José Patricio	individual	Senior Masculino	02:08:37	+54:51	08:34
70	1094	Paulo Jorge Costa	individual	Senior Masculino	02:09:06	+55:20	08:36
71	1080	João pinto	individual	Senior Masculino	02:09:25	+55:39	08:38
72	1022	Carlos Gonçalves	corrida noturna do parque das nações	Senior Masculino	02:10:13	+56:27	08:41
73	695	Mauro Edgar Freitas Gonçalves	matilha running	Senior Masculino	02:10:28	+56:43	08:42
74	1033	marines campos de oliveira	évora night runners	Senior Feminino	02:10:34	+56:48	08:42
75	1088	Nelson	individual	Senior Masculino	02:11:14	+57:28	08:45
76	1114	Vasco Manique	lusorede - trail running team	Senior Masculino	02:12:04	+58:18	08:48
77	1016	Margarida Carvalho	coimbra trail running	Senior Feminino	02:12:17	+58:31	08:49
78	1002	Ana Margarida Ferreira	alenquer night runners	Senior Feminino	02:12:44	+58:59	08:51
79	1003	Ana Margarida Ricardo	alenquer night runners	Senior Feminino	02:12:44	+58:59	08:51
80	1153	Paula Milho	individual	Senior Feminino	02:13:39	+59:54	08:55
81	1152	Vasco Alves	individual	Senior Masculino	02:13:40	+59:54	08:55
82	1065	Antonio Carlos Correia de Oliveira Morais	individual	Senior Masculino	02:13:47	+01:00:02	08:55
83	1037	Telmo Ambrosio	furões do alentejo	Senior Masculino	02:13:48	+01:00:03	08:55
84	1036	Mario Varela	furões do alentejo	Senior Masculino	02:13:49	+01:00:03	08:55
85	1068	Bruno Manuel Amorim dos Santos	individual	Senior Masculino	02:16:00	+01:02:14	09:04

15K - STAGE 1

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	1017	Natália José	coimbra trail running	Senior Feminino	02:48:45	+01:34:59	11:15
129	1044	Filipa Alexandra Taneco Colaço	ginásio quinta do valbom - aaalcochete	Senior Feminino	02:54:01	+01:40:15	11:36
130	1132	Justina Almeida Ferreira	tá lentos team	Senior Feminino	02:55:19	+01:41:33	11:41
131	1060	Tânia Duarte	individual	Senior Feminino	02:56:26	+01:42:40	11:46
132	1081	João Sousa	individual	Senior Masculino	02:56:26	+01:42:40	11:46
133	1028	Sónia Nobre	e-club	Senior Feminino	02:57:31	+01:43:45	11:50
134	1116	Fernando Coutinho	mad max team	Senior Masculino	03:00:17	+01:46:31	12:01
135	1115	Vanda.Coutinho	mad max team	Senior Feminino	03:00:17	+01:46:31	12:01
136	1035	Sara Gaspar	furões do alentejo	Senior Feminino	03:01:37	+01:47:51	12:06
137	1049	Ana Racha	individual	Senior Feminino	03:01:37	+01:47:51	12:06
138	1055	Margarida Maria Nunes Lopes	individual	Senior Feminino	03:12:02	+01:58:16	12:48
139	1054	Isabel Maria Moreira Santos	individual	Senior Feminino	03:12:02	+01:58:17	12:48

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15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:32	-99°C	-99%
End	12:50	-99°C	-99%

RANK BIB NAME TEAM CAT RESULT DIFF t/KM

Senior Feminino

1	1146	Inês Marques	PROAVENTURAS	Senior Feminino	01:18:43		05:15
2	1005	Margarida Amaro	AMCF - Arrábida Trail Team	Senior Feminino	01:28:00	+09:17	05:52
3	1138	Filipa Tavares Fernandes	U.F. Comércio e Indústria Atletismo	Senior Feminino	01:36:00	+17:18	06:24
4	1150	Raquel Costa	Individual	Senior Feminino	01:37:20	+18:38	06:29
5	1126	Cátia Rodrigues	PROAVENTURAS	Senior Feminino	01:38:41	+19:59	06:35
6	1001	Carolina Gomes	ADCRPJ	Senior Feminino	01:55:51	+37:09	07:43
7	1139	Rita Monteiro Rodrigues	U.F. Comércio e Indústria Atletismo	Senior Feminino	02:00:28	+41:46	08:02
8	1043	Carla Andreia Garrett	Ginásio Quinta do Valbom - AAAIcochete	Senior Feminino	02:00:54	+42:12	08:04
9	1141	Sandra Travessas	Individual	Senior Feminino	02:04:27	+45:45	08:18
10	1006	Soraia Ferreira	AMCF - Arrábida Trail Team	Senior Feminino	02:05:08	+46:26	08:21
11	1020	Vanessa Sousa	Correr Soc Rec da Granja	Senior Feminino	02:05:08	+46:26	08:21
12	1056	Martina Russová	Individual	Senior Feminino	02:08:32	+49:49	08:34
13	1048	Ana Garcia	Individual	Senior Feminino	02:08:32	+49:50	08:34
14	1033	marines campos de oliveira	Évora Night Runners	Senior Feminino	02:10:34	+51:51	08:42
15	1016	Margarida Carvalho	Coimbra Trail Running	Senior Feminino	02:12:17	+53:34	08:49
16	1002	Ana Margarida Ferreira	Alenquer Night Runners	Senior Feminino	02:12:44	+54:02	08:51
17	1003	Ana Margarida Ricardo	Alenquer Night Runners	Senior Feminino	02:12:44	+54:02	08:51
18	1153	Paula Milho	Individual	Senior Feminino	02:13:39	+54:57	08:55
19	1120	Graça Alexandra Costa Pereira	MATILHA RADICAL	Senior Feminino	02:18:02	+59:20	09:12
20	1027	Margarida Costa	E-CLUB	Senior Feminino	02:22:35	+01:03:53	09:30
21	1057	Rita Leote	Individual	Senior Feminino	02:24:24	+01:05:41	09:38
22	1011	Lara Simons	CCD Siemens	Senior Feminino	02:24:57	+01:06:15	09:40
23	1012	Raquel Arvelos	CCD Siemens	Senior Feminino	02:24:57	+01:06:15	09:40
24	1125	Liliana Carvalho	Pimentinhas	Senior Feminino	02:25:44	+01:07:02	09:43
25	1134	Susana Farinhas	Tálenos Team	Senior Feminino	02:25:45	+01:07:02	09:43
26	1137	Sonia Alexandra Bravo Pardal Brandão	TOKA A CORRER	Senior Feminino	02:25:49	+01:07:07	09:43
27	1053	Hélia Cristina Marques Machado	Individual	Senior Feminino	02:27:26	+01:08:43	09:50
28	1050	Catarina Fortes	Individual	Senior Feminino	02:28:29	+01:09:46	09:54
29	1021	Inês Barroso	Corrida Noturna do Parque das Nações	Senior Feminino	02:34:38	+01:15:55	10:19
30	1059	Sofia Cordeiro	Individual	Senior Feminino	02:36:39	+01:17:57	10:27
31	1105	Suzana Margarida Bras Borges	Kangaroo Runners	Senior Feminino	02:39:04	+01:20:22	10:36
32	1133	MARIA MADALENA BENTO SANTIAGO	Tálenos Team	Senior Feminino	02:40:18	+01:21:36	10:41
33	1061	Vânia Borges	Individual	Senior Feminino	02:40:20	+01:21:37	10:41
34	1051	Eduarda Maria Vieira Magalhães de Freitas	Individual	Senior Feminino	02:40:20	+01:21:38	10:41
35	1118	BEATRIZ PEREIRA SÉCIO	mãe e filha	Senior Feminino	02:45:29	+01:26:46	11:02

15K

15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

28	1090	Nuno Gouveia	Individual	Senior Masculino	01:59:03	+45:18	07:56
29	1098	Ricardo Emanuel Rodrigues	Individual	Senior Masculino	01:59:49	+46:04	07:59
30	1143	Pedro Cruz	Individual	Senior Masculino	02:00:11	+46:26	08:01
31	1031	Manuel Escalona	E-CLUB	Senior Masculino	02:00:25	+46:39	08:02
32	1039	Vitor Amaro	Furões do Alentejo	Senior Masculino	02:00:30	+46:44	08:02
33	1063	André Gomes	Individual	Senior Masculino	02:00:39	+46:53	08:03
34	1024	André Alberto Pinto Fonseca	Desobstroiomete	Senior Masculino	02:00:45	+46:59	08:03
35	1069	Bruno Miguel Gonçalves Valente	Individual	Senior Masculino	02:00:58	+47:12	08:04
36	1110	José Califórnia	LusoRede - Trail Running Team	Senior Masculino	02:01:13	+47:27	08:05
37	1112	Mário Ferreira	LusoRede - Trail Running Team	Senior Masculino	02:01:13	+47:27	08:05
38	1004	Helder Manuel Delgado	Alenquer Night Runners	Senior Masculino	02:01:23	+47:37	08:06
39	1008	Paulo Onofre	AMCF - Arrábida Trail Team	Senior Masculino	02:02:01	+48:15	08:08
40	1091	Nuno Maia	Individual	Senior Masculino	02:02:19	+48:34	08:09
41	1025	Luis Fernandão Horta Lima	Desobstroiomete	Senior Masculino	02:02:39	+48:54	08:11
42	1106	Hugo Queimado	LaChegarei	Senior Masculino	02:03:02	+49:17	08:12
43	1107	João Azevedo	LaChegarei	Senior Masculino	02:03:03	+49:17	08:12
44	1099	Ricardo Jorge Filpe Veiga Santos	Individual	Senior Masculino	02:03:14	+49:29	08:13
45	1100	Ricardo Miguel Conceição Dias	Individual	Senior Masculino	02:04:21	+50:35	08:17
46	1076	Hélder Monteiro	Individual	Senior Masculino	02:04:21	+50:35	08:17
47	1096	Pedro Machado	Individual	Senior Masculino	02:05:02	+51:17	08:20
48	1149	Neil McCallum	Individual	Senior Masculino	02:05:24	+51:38	08:22
49	1084	Jose Palacios	Individual	Senior Masculino	02:06:00	+52:14	08:24
50	1026	Pedro Miguel Ribeiro de Almeida Felgueiras Azevedo	Desobstroiomete	Senior Masculino	02:07:32	+53:47	08:30
51	1083	Jose Alves	Individual	Senior Masculino	02:07:45	+53:59	08:31
52	1013	Rui Costa	CCD Siemens	Senior Masculino	02:07:45	+54:00	08:31
53	1101	Rui Sobral	Individual	Senior Masculino	02:07:50	+54:05	08:31
54	1093	Paulo Batista	Individual	Senior Masculino	02:07:57	+54:12	08:32
55	1066	António Vaz	Individual	Senior Masculino	02:08:26	+54:41	08:34
56	1070	Carlos José Patrício	Individual	Senior Masculino	02:08:37	+54:51	08:34
57	1094	Paulo Jorge Costa	Individual	Senior Masculino	02:09:06	+55:20	08:36
58	1080	João pinto	Individual	Senior Masculino	02:09:25	+55:39	08:38
59	1022	Carlos Gonçalves	Corrida Noturna do Parque das Nações	Senior Masculino	02:10:13	+56:27	08:41
60	695	Mauro Edgar Freitas Gonçalves	Matilha Running	Senior Masculino	02:10:28	+56:43	08:42
61	1088	Nelson	Individual	Senior Masculino	02:11:14	+57:28	08:45
62	1114	Vasco Manique	LusoRede - Trail Running Team	Senior Masculino	02:12:04	+58:18	08:48
63	1152	Vasco Alves	Individual	Senior Masculino	02:13:40	+59:54	08:55
64	1065	Antonio Carlos Correia de Oliveira Morais	Individual	Senior Masculino	02:13:47	+01:00:02	08:55
65	1037	Telmo Ambrosio	Furões do Alentejo	Senior Masculino	02:13:48	+01:00:03	08:55
66	1036	Mario Varela	Furões do Alentejo	Senior Masculino	02:13:49	+01:00:03	08:55
67	1068	Bruno Manuel Amorim dos Santos	Individual	Senior Masculino	02:16:00	+01:02:14	09:04
68	1092	Paulo Alexandre dos Santos Ribeiro Soares	Individual	Senior Masculino	02:16:34	+01:02:48	09:06
69	1127	António Filipe Rocha de Sousa	Remo Clube Lusitano	Senior Masculino	02:18:11	+01:04:25	09:13
70	1075	Gonçalo Coelho	Individual	Senior Masculino	02:18:11	+01:04:26	09:13
71	1071	Carlos Sampaio	Individual	Senior Masculino	02:18:38	+01:04:53	09:15

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15 KM

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

OFFICIAL RESULT

LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION - LAP2GO - TIMING SOLUTION

72	1082	Jorge Miguel Santa Bárbara santos eusebio	Individual	Senior Masculino	02:19:07	+01:05:21	09:17
73	1032	Paulo Marçal	E-CLUB	Senior Masculino	02:22:35	+01:08:50	09:30
74	1142	José Luis Rodrigues Rego da Silva	Individual	Senior Masculino	02:23:02	+01:09:17	09:32
75	1072	Carlos Simão	Individual	Senior Masculino	02:23:26	+01:09:40	09:34
76	1144	José Pereira	Individual	Senior Masculino	02:24:55	+01:11:10	09:40
77	1040	Manuel António Lopes Sequeira	G.D.C.T. Repsol Polímeros	Senior Masculino	02:28:09	+01:14:24	09:53
78	1085	José Ramalho	Individual	Senior Masculino	02:31:15	+01:17:29	10:05
79	1079	JERONIMO ESTEVES	Individual	Senior Masculino	02:31:34	+01:17:48	10:06
80	1073	Christophe Silva	Individual	Senior Masculino	02:31:34	+01:17:48	10:06
81	1023	José Guimarães	Corrida Noturna do Parque das Nações	Senior Masculino	02:34:38	+01:20:52	10:19
82	1111	José Marinho	LusoRede - Trail Running Team	Senior Masculino	02:34:39	+01:20:53	10:19
83	1147	Jorge Ferreira	Individual	Senior Masculino	02:35:10	+01:21:25	10:21
84	1029	Flavio Basilio	E-CLUB	Senior Masculino	02:35:33	+01:21:48	10:22
85	1062	Alberto Mosqueira	Individual	Senior Masculino	02:35:38	+01:21:52	10:23
86	1113	Tiago Fonseca	LusoRede - Trail Running Team	Senior Masculino	02:35:41	+01:21:55	10:23
87	1122	Carlos Figueira	O Praticante	Senior Masculino	02:36:40	+01:22:54	10:27
88	1151	Constantino José Guerreiro Teles	Individual	Senior Masculino	02:37:12	+01:23:27	10:29
89	1102	Tiago Grilo	Individual	Senior Masculino	02:47:54	+01:34:08	11:12
90	1081	João Sousa	Individual	Senior Masculino	02:56:26	+01:42:40	11:46
91	1116	Fernando Coutinho	Mad Max Team	Senior Masculino	03:00:17	+01:46:31	12:01